

DAILY INSPIRATION

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The people of Bhutan are peace-loving people. They believe in the harmonious existence of all living creatures on earth. Hinduism and Buddhism are the two major religions in Bhutan. Both practice what the Buddha preached throughout his life . . . that peace is the basis of life and violence can bring no

solution to any problem of mankind. Buddhists and Hindus of Bhutan and Nepal are committed to maintaining a proper balance among all the different creatures on the planet. They understand that this is only possible due to a commitment of every individual to have faith in each other, a faith that always combines with non-violence.

Jai Subedi, a native of Bhutan and current resident of Syracuse, came to the U.S. after living in a refugee camp in eastern Nepal for 18 years. Jai is a case manager at the InterFaith Works' Center for New Americans, a refugee resettlement program.