

## DAILY INSPIRATION

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Understanding is a most profound quality. Interfaith Works “affirms the dignity of each person and every faith community and works to create relationships and understanding among us.” In “Living Fully, Finding Joy in Every Breath,”

Shyalpa Tenzin Rinpoche urges us to “Always aspire to be the most understanding person on this earth! . . . This medicine of great understanding will cure every disease.” It is this quality of understanding that I appreciate the most about both the members of the Round Table of Faith Leaders and Rinpoche.

Madalyn Smith is coordinator of Rangrig Yeshe of Syracuse, a Tibetan Buddhist Practice Group, and is a member of the InterFaith Works Round Table of Faith Leaders.