



## **InterFaith Works of Central New York**

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### **NEWS RELEASE**

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#### **REV. WILLIAM REDFIELD: KEYNOTE SPEAKER FOR SPIRITUAL CARE DAY OCT. 23, 2014**

Syracuse, NY—[InterFaith Works of CNY](http://www.interfaithworkscny.org) will hold its 24<sup>th</sup> annual **Spiritual Care Day** on **Thursday, Oct. 23, 2014, from 8 a.m. to 12:30 p.m.**, at **Crouse Hospital's Marley Education Center**, 765 Irving Ave., Syracuse. The Rev. William Redfield will present the keynote address, "**Spiritual Self-Care for Caregivers**," in which he will share the knowledge and spiritual practices he currently is teaching in his *Wisdom* work to help caregivers maintain a strong spiritual foundation from which to serve others.

While serving as rector of Trinity Episcopal Church in Fayetteville, NY, the Rev. Redfield established [The Nancy Simmons Wisdom House](#), which provides a place of hospitality to those of all faith traditions and is designed to honor others through respectful dialogue, inquiry and methods of spiritual practice. Utilizing ancient practices of sacred reading, meditation, sacred movement, contemplative prayer and sacred song, *Wisdom Schools* teach focused attention, recollection, mindfulness, inner observation, non-possessiveness, inner honesty, non-identification and surrender.

Tickets to Spiritual Care Day are \$30 each or \$25 for those 62 years of age or older. In addition to the keynote address, the ticket price includes a full breakfast. For more information or to register, email Roberta Yackel at [ryackel@interfaithworkscny.org](mailto:ryackel@interfaithworkscny.org) or call (315) 449-3552 ext. 111.

[InterFaith Works of CNY](http://www.interfaithworkscny.org), through education, service and dialogue, affirms the dignity of each person and every faith community and works to create relationships and understanding. Founded in 1976, InterFaith Works addresses deeply embedded social divisions leading to community action and policy change. Empowering people in need, including refugees, the elderly and institutionalized, InterFaith Works' service and educational programs include the [Center for New Americans](#), [Ahmad and Elizabeth El-Hindi Center for Dialogue](#), as well as [Senior Services](#) and [Spiritual Care Programs](#).

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Rev. William Redfield

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