

ONE TO ONE PROGRAM

Monthly Newsletter April 2021 Edition



One of 7 resident of Sedgwick Heights who are connecting with students from Parkview Academy by exchanging About Me Posters, plants and more.

MONTHLY HIGHLIGHTS

April 18-24 is National Volunteer Week. We would like to send a HUGE thank you to all One to One volunteers for the dedication and love you have shared with seniors. You are special people and we couldn't do this work without you.

Many seniors living in long term care don't have phones. This month, The One to One Program is purchasing 10 cell phones that will be provided to residents at Central Park and The Cunningham. We are excited to provide seniors with a means of connection to our volunteers!



Wonderful News: NY Senate Bill S614B, The Essential Caregiver Act, was signed into law! Family members will no longer be banned from visiting their loved ones in nursing homes during lockdowns. Thank you to those who wrote in support of this bill. Let's keep fighting for our seniors!

VOLUNTEERS

Welcome Our New Volunteers:

Cathy V., Yeseo L., Samantha A. and Emilia D.

This month marks one year of service for:

Jolene H.

Denny B.

Congratulations & THANK YOU!



Valentine's Day cards for nursing homes created by volunteers all over the country.



Easter cards from SU students & chocolates from NunBetter sent to The Nottingham

A WORD FROM OUR VOLUNTEER: DEB P.

As I saw the Governor opening up visiting in nursing homes, I wondered, did that mean I would get to see my long term resident? I reached out to the facility over the phone and email with no response.

I then went to the resident's family as I had been in contact with them previously. My resident is 100 years old, so his kids are all senior citizens. They were not able to go because they want to be fully vaccinated themselves because they are high risk. So they were delighted to hear I would be willing to go. I got right in!

Showed up to an unmarked back door of the facility. They took my temperature and had me fill out the Governors form.

I then saw a gigantic room divided by a half wall with 1 six foot table slipped in between. You could not cross the wall or table. Hand sanitizer was placed on my side of the six foot table.

My resident and I laughed because it reminded us of a prisoner visit. We played shuffle board across the table with his new cell phone he needed help with. They gave us 30 min. It was so incredible to be together!

I felt so much joy from our visit and look forward to being able to make future visits.

TOPICS FOR CALLS

What was the best vacation you ever had?

Do you prefer to vacation in cities or in nature?

Have you ever gone traveling by yourself?

Have you ever gotten lost while on vacation?

What is the strangest food you have tried while on vacation?

SAVE THE DATE

June TBD: In-service

