

Monthly Newsletter July 2021 Edition



Six antique cars joined the Patriotic Car Parade for The Nottingham.

MONTHLY HIGHLIGHTS

Thank you to everyone who joined the patriotic car parade for The Nottingham. What a special event it was! Sixteen cars decorated in red, white and blue greeted residents throughout The Nottingham campus. Thanks to a One to One Volunteer's recruitment efforts, several classic cars joined the fun. From the smiles on their faces, it was evident the residents were thrilled to see automobiles from their youth.

Our newly formed group, Alliance for Senior Care, met for the first time last month. This is a convening of passionate staff members from several local long-term care facilities to share their experiences and learn more about One to One Programming.

What a fun day at the Zoo for our summer in-service! See the photos below. **Mark your calendars for the next in-service to be held on September 22 at 5 pm.** The Alzheimer's Association will be presenting on 10 Warning Signs of Alzheimer's.

VOLUNTEERS

This month marks one year of service for:

Liz H.

Wendy I.

Thank you!!!



The One to One Program increases joy and socialization for residents living in skilled nursing or assisted living facilities, through the power of volunteers.



A WORD FROM OUR INTERN: ELEANOR Q.



Residents of The Nottingham waved American flags and joyfully greeted the car parade.



Volunteers happy to bring festivity and joy to nursing home residents.

This week will be my eighth week of being an intern for the One to One program, and it's safe to say I've learned about senior services and long-term care.

It's easy to get discouraged about the state of the long-term care industry after a brutal two years. The pandemic exposed many fundamental issues with long-term care in this country, and now that the pandemic is finally getting better, there's a lot of work to be done.

While it all seems a bit overwhelming, one thing I've learned over my weeks as an intern is that we have the most amazing team. There are so many amazing people who care so much about helping our seniors, from the Senior Services staff to our volunteers to the staff at our partner facilities.

My own grandmother is 91, so I know how tough the past two years have been for her, and also how tough it has been to try and help her during this time from a distance. But seeing that there are people out there who work as hard for our seniors as the InterFaith staff and volunteers do gives me a lot of hope for the future.

As I've been interning, it's become more and more clear to me that the seniors in our community are in great hands with the Senior Services department. So many people in the community are thinking of them and looking out for them, even if they might not know it. And now that things are opening back up, we can remind them of that.

TOPICS FOR CALLS

- What is a language you love to listen to even if you don't speak or understand it?
- What is something you have accomplished as an adult that your younger self would be proud of?
- What is the best meal you've ever had, and what's the best meal you've ever cooked for yourself?
- What was the first big purchase you made as an adult?
- What about the current world would be most surprising to your younger self?

RESOURCES

NY Project Hope helps New Yorkers understand their reactions and emotions during COVID-19. Through an emotional support helpline, educational materials, and trusted referrals, NY Project Hope helps people manage and cope with changes brought on by COVID-19. Call the NY Project Hope Covid-19 Emotional Support Helpline at 1-844-863-9314 any day from 8 am-10 pm to talk with trained crisis counselors.
<https://nyprojecthope.org/>

HeartMob is a community dedicated to helping those experiencing online harassment.
<https://iheartmob.org/>

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InterFaith Works affirms the dignity of each person and every faith community, promotes racial justice and religious equity, and builds relationships and understanding among us.

SAVE THE DATE

September 22: Fall In-Service