

## One to One Program

managed by InterFaith Works' Senior Services Department

#### Monthly Newsletter June 2021 Edition



Students from Parkview Academy met their pen pal "grandparent" last month. They exchanged plants and enjoyed a game of balloon toss.

### **VOLUNTEERS**

This month marks one year of service for:

Laura K.

Oduduabasi I.

Thank you for your commitment!



The One to One Program increases joy and socialization for residents living in skilled nursing or assisted living facilities, through the power of volunteers.

#### **MONTHLY HIGHLIGHTS**

The One to One Program is gearing up to beautify an outdoor area at The Bernardine on the south side of Syracuse. Updates will make the space more user-friendly and will include the addition of raised flower beds allowing residents to garden. Our partners for this project include Lockheed Martin, Syracuse Grows with Cornell Cooperative Extension, CNY Fair Housing and Community Living Advocates. More updates to come as we get closer to demo day.

One of the most memorable moments of last year was our Fourth of July Car parade. This was the first time in months that volunteers were able to physically participate and the first time residents saw people outside of their facility. It was a magical moment in the midst of 2020. The feedback was so positive that we decided to do it again. Join us on July 1st at 11 am for another red, white and blue celebration. Contact us today for more details.

For the first time in 18 years, the Food and Drug Administration approved a drug to treat early Alzheimer's disease. The drug, Aduhelm, slows down the progression of the disease by attacking the build-up of amyloid plaques which is characteristic of the disease. While the approval is controversial and even resulted in the resignation of three FDA advisory committee members, it has given hope to patients and their families. As the Alzheimer's Association stated, it's a new day in the fight against Alzheimer's!

A sample of The Joyful Nursing Home, a monthly subscription gift box founded by One to One Volunteer, Megan M.



# A WORD FROM OUR VOLUNTEER: MEGAN M.

The Joyful Nursing Home is a monthly Subscription Gift Box which can be sent by family/friends to their loved ones in Nursing Homes and Extended Care Facilities. The founder of the Joyful Nursing Home is Megan Matthews, a local to Upstate NY, and a volunteer for InterFaith Works of CNY who has a longstanding passion for Alzheimer's/Dementia Care and Advocacy.

For more information and to view the Joyful Nursing Home website, please see https://www.cratejoy.com/subscriptionbox/the-joyful-nursing-home/

Megan's hope for The Joyful Nursing Home is that it grows enough that a percentage of profit from sales can go towards funding Monthly Boxes to be sent to Extended Care Facility Residents in low-income facilities with no regular visitors. She also hopes to develop another subscription gift box that is dementia/Alzheimer's friendly, so that families with a Loved One with Dementia can send safe and meaningful monthly care packages.

"I truly believe that this business has the potential to greatly improve the lives of Extended Care Facility Residents, who are often under stimulated and lonely. I hope this service will afford families and loved ones the option to easily send an monthly gift box of photos, letters, activities, etc. in the mail to their loved ones in extended care."







#### **TOPICS FOR CALLS**



Have You Ever Tried To Do Something - You Know You Would Be Really Bad At? What Was It?



🎸 Would You Make Modern Technology Could?



 $\checkmark$  If You Were To Write A Book, What Kind Would It Be?



University Or Life Experience,
Which Do You Feel Best Prepares You For Life?

#### SAVE THE DATE

July 1: Patriotic Car Parade for a local facility July 9: In-service at The Rosamond Gifford Zoo

#### **Patriotic Humor**

What did the flag say when it lost its voice on Independence day? Nothing. It just waved.

> Which is the highest-rated flag? The American Flag. It has 50 stars.

What kind of tea did the American colonists want? Liber-tea.

What does the Statue of Liberty stand for? It can't sit down.

If you crossed a Patriot with a curly-haired dog, what would you get? Yankee Poodle.

#### **CONTACT US**

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#### **COMMUNITY TO YOU**

We are asking for videos of what we love about America and patriotic events in our area. They include things like family events, BBQs, how your town shows love and appreciation for America, or how you celebrate the values of your community. Get outside and record a short clip showcasing the monthly theme. We will edit a collection of submitted themed videos into a "movie short" for our residents to enjoy. Create short videos of no more than three minutes to submit to us. Contact us today for more information!



InterFaith Works affirms the dignity of each person and every faith community, promotes racial justice and religious equity, and builds relationships and understanding among us.





