

# One to One Program

managed by InterFaith Works' Senior Services Department

### Monthly Newsletter September 2021 Edition



Hydrangea bushes, birdhouses and painted rocks were added to The Bernardine garden.







The One to One Program increases joy and socialization for residents living in skilled nursing or assisted living facilities, through the power of volunteers.

## **MONTHLY HIGHLIGHTS**

Despite changes to our original plan, the garden project at The Bernardine is underway! A team of volunteers spent a beautiful Saturday morning planting 11 hydrangea bushes to kick off the project. Donated birdhouses and painted rocks were also installed. At the end of the month, volunteers from National Grid will be putting together raised planter. More to come soon!



It's back to school time! Once again, we will be working with students from Parkview Academy. The students will be matched with residents at Sedgwick Heights for intergenerational connection throughout the school year. This month they will spend time together and create fairy gardens.

It's not too late to register for the fall inservice to be held on September 22 at 5 pm. Guest speaker, Carianne Wilson from The Alzheimer's Association will be presenting on 10 warning signs of Alzheimer's.

#### Register using this link:

https://zoom.us/meeting/register/tJcqd-Grrz0sG9edFCKVw3nTZeok4qkWrFyU

### **RESOURCES**

JoAnne Spoto Decker, Commissioner and Executive Director, Onondaga County Office for Aging is pleased to announce a class for those who currently care for older, or disabled persons, or may become caregivers in the future. This LIVE, video presentation is open to the public.

Long-Term Care Ombudsman Program & the Caregiver

Learn about Local Advocacy for:

- Those in Skilled Nursing & Assisted Living Facilities
- Conducts Investigations into Resident, and Caregiver, Concerns
- Free & Confidential
- Covers Facilities in Onondaga/Oswego/Cayuga & Cortland

Thursday, October 7, 2021, from 6:00-7:15 pm EST Presenter: Rebecca Alder, Onondaga County Ombudsman Manager You Can Register at: <a href="http://www.ongov.net/aging/caregiver.html">http://www.ongov.net/aging/caregiver.html</a>

### **CONTACT US**

### SAVE THE DATE

September 22: Fall In-Service

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person and every faith community, promotes racial justice and religious equity, and builds relationships and understanding among us.

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InterFaith Works affirms the dignity of each



